

THE LIFE SKILLS PROGRESSION (LSP)

Parent Scale _____

Family record ID # _____ Indiv. # _____ Initial ___/___/___ Months of service _____

Web ID # _____ Ongoing # ___/___/___ No. attempted visits _____ No. completed visits _____

Client name _____ Closing ___/___/___ Home visitor _____
(last name, first name)

Client DOB ___/___/___ Female Male Race _____ Ethnicity _____ Agency/program _____

Medical codes _____

Item	Score	Areas of Life Skill Development	0	Low	1	1.5	2	2.5	3	3.5	4	4.5	5	High	
RELATIONSHIPS WITH FAMILY AND FRIENDS															
RELATIONSHIPS	1	Family/Extended Family		Hostile, violent, or physically abusive family relationships	Separated. No contact. Not available for support		Conflicted, critical, or verbal abuse; frequent arguments. Reluctant support or in crisis		Inconsistent or conditional support. Emotionally distant but available		Very supportive. Mutually nurturing family relationships				
	2	Boyfriend, FOB, or Spouse		Hostile, violent, or physically abusive; multiple partners or uncertain paternity	Separated. No contact. Not available for support		Conflicted, critical, or verbal abuse; frequent arguments. Reluctant support or in crisis		Inconsistent or conditional support. Emotionally distant but available		Very supportive. Loving, committed (unmarried, married, or common law)				
	3	Friends/Peers		Hostile, violent, or high-risk friends; friends gang linked	Very few or no friends. Socially isolated and lonely		Conflicted, casual, or brief friendships. Some crisis support from friends		A few close friends who can be counted on for support		Many close friends. Extensive support network				
	RELATIONSHIPS WITH CHILD(REN)														
	4	Attitudes to Pregnancy		Unplanned and unwanted. Abortion or adoption plan	Unplanned, ambivalent, fearful. Coerced to keep child		Unplanned and accepted		Planned but unprepared		Planned, prepared, welcomed				
	5	Nurturing		Hostile, unable to nurture, bond, or love child; very limited responsiveness	Indifference, apathy, depression, or DD impair nurturing		Lacks information/modeling of love. Afraid nurturing "spoils." Marginal connectedness		Bonded; loves, responds inconsistently. Some reciprocal connections		Loving, responsive, praises; regulates child well. Reciprocal connections				
	6	Discipline		Has shown reportable levels of physical abuse or severe neglect	Uses physical punishment. Frequent criticism; verbal abuse		Mixture of impatient/critical and appropriate discipline		Inconsistent limits. Ineffective boundaries. Teaches desired behavior effectively sometimes		Uses age-appropriate discipline. Teaches, guides, and directs behavior effectively				
7	Support of Development		Poor knowledge of child development. Unrealistic expectations. Ignores or refuses information	Little knowledge of child development. Limited interest in development. Passive parental role		Open to child development information. Provides some toys, books, and play for age		Applies child development ideas. Interested in child's development skills, interests, and play		Anticipates child development changes. Uses appropriate toys/books; plays and reads with child daily					

Instructions: Complete on primary parent and infant/toddlers < 3 yrs at intake, every 6 months, and at closure. Circle applicable scale categories and enter numerical score. Send to data clerk and file original in chart.

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Indiv. # _____

Parent Scale # _____

Item Score 0 Low 1 1.5 2 2.5 3 3.5 4 4.5 5 High

Item	Score	0	Low	1	1.5	2	2.5	3	3.5	4	4.5	5	High
RELATIONSHIPS WITH CHILD(REN) CONT.													
RELATIONSHIPS	8		Safety		Child hospitalized for Tx of unintentional injury. Has permanent damage	Outpatient/ER Tx of unintentional injury to child. No permanent damage	No unintentional injury to child. Home/car unsafe; not childproofed	No unintentional injury to child. Home partially safe. Uses car seat. Uses information	Child protected, no injury. Home/car safe. Teaches safety. Seeks/uses information for age				
	RELATIONSHIPS WITH SUPPORTIVE RESOURCES												
	9		Relationship with Home Visitor		Hostile, defensive. Refuses HV services	Guarded, distrustful. Frequent broken appointments	Passively accepts information and visits. Forgets some appointments	Seeks/uses information. Calls for help or to cancel appointments	Trusts; welcomes visits; asks for information; keeps appointments				
	10		Use of Information		Refuses information from HV or HC	Uses inaccurate information from informal sources	Passively accepts some information from HV and HC	Accepts/uses most information from HV or HC	Actively seeks/uses information from HV, HC, and other sources				
11		Use of Resources		Resource needs unrecognized. Community resources not used or refused; hostile	Resource needs unrecognized. Limited use when assisted by others. Misses most appointments	Accepts help to identify needs; uses resources when assisted by others. Keeps some appointments	Identifies needs. Uses resources with little assistance. Keeps most appointments	Identifies needs. Uses resources independently. Keeps or reschedules appointments					
EDUCATION & EMPLOYMENT													
EDUCATION	12		Language (for non-English speaking only)		Low/no literacy in any language	Literate in primary language. Some verbal English skills	Takes ESL classes. Verbal ESL established	Takes ESL classes. Written ESL established	Fully bilingual				
	13		<12th Grade Education		Not enrolled	Enrolled, limited attendance any program. Not at grade level	Enrolled, attends regularly any program. Not at grade level	Attends regularly; at grade level. Adult school or independent study. Goal: GED	Attends regularly at grade level. HS/Alt HS Goal: HSD				
	14		Education		<12th grade education in any country	Has graduated with GED or HSD	Attends and/or graduated job/tech training	Attends and/or graduated community college	Attends and/or graduated college or grad school				
	15		Employment		Unemployed, unskilled, or no work experience	Occasional, seasonal, or multiple entry level jobs	Stable employment in low-income job	Stable employment with adequate salary and benefits	Career of choice with potential good salary and benefits				
	16		Immigration		Undocumented. No permit/card. Frequent moves/trips disrupt services, work, or education	Has work permit/card. In U.S. < 5 years. Migrant. Plans return to country of origin	Has work permit/card. In U.S. > 5 years. Migrant. Plans to live in U.S.	Has work permit/card or temporary visa. Applying for citizenship	Obtained U.S. citizenship				
HEALTH & MEDICAL CARE													
17		Prenatal Care		No prenatal care	Care starts 2nd-3rd trimester. Keeps some appointments	Care starts 2nd-3rd trimester. Keeps most appointments	Care starts in 1st trimester. Keeps most appointments	Keeps postpartum appointments					

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Item	Score	0	Low	1	1.5	2	2.5	3	3.5	4	4.5	5	High
HEALTH & MEDICAL CARE CONT.													
HEALTH & MEDICAL CARE	18		Parent Sick Care	Acute/chronic conditions go without Dx/Tx. No medical home	Seeks care only when very ill. Uses ER for care. No medical home	Seeks care inconsistently; inconsistent Tx follow-up. Unstable medical home	Seeks care appropriately. Follows Tx recommended. Has medical home	Seeks care appropriately. Cure or control obtained. Has medical home					
	19		Family Planning	No FP method used. Lacks information about FP	FP method use rare. Limited understanding of FP	Occasional use of FP methods. Some understanding of FP	Regular use of FP methods. Good understanding of FP	Regular use of FP methods. Plans/spaces pregnancies					
	20		Child Well Care	None; no medical home	Seldom; no medical home	Occasional appointments. Unstable medical home	Has annual exam only. Has stable medical home	Keeps regular CHDP/well-child appointments with same provider					
	21		Child Sick Care	Medical neglect. No Dx/Tx for acute or chronic conditions	Has care only when very ill. Uses ER for care	Timely care for minor illness but inconsistent Tx /u	Timely care of minor illness. Follows Tx recommended	Obtains optimal care/control for acute or chronic conditions					
	22		Child Dental Care	No dental home or care with serious ECC. Poor hygiene	No dental home or care with some ECC and inadequate Tx/hygiene	Has dental home and hygiene but late Tx of ECC	Has dental home. Some preventive care/timely Tx	Has dental home. Regular preventive care and timely Tx					
	23		Child Immunizations	None or refused	IZ history uncertain. Records lost	IZ begun, but no return appointment	IZ delayed, has return appointment	Complete or up-to-date IZ					
MENTAL HEALTH & SUBSTANCE USE/ABUSE													
MENTAL HEALTH	24		Substance Use/Abuse (drugs and/or alcohol)	Chronic Hx drug and/or alcohol abuse with addiction	Drug/alcohol binge or intermittent use, without apparent addiction	Rare or experimental use of drugs or clean; in recovery group or Tx program	Occasional use of legal substances; stops if pregnant	No Hx or current use/abuse					
	25		Tobacco Use	Chain smokes; >2 packs/day; uses smokeless; heavy second-hand exposure	Non-chain use or some second-hand exposure	Decreases amount when pregnant. Controls second-hand exposure	No use or second-hand exposure in past 6 months or current pregnancy	None or never					
	26		Depression/Suicide	Recurrent chronic depression with suicidal attempts/thoughts. Severe problem with ADL, parenting, and insight/perception	Recurrent chronic depression without suicidal attempts/thoughts; Moderate problem with ADL, parenting, and insight/perception	Recent postpartum or situational depression. Some problem with ADL, parenting, and insight/perception	Manages or controls depression with Tx and/or medications or has recovered. Adequate ADL, parenting, and insight/perception	Not depressed; optimistic					
	27		Mental Illness	Severe symptoms of MI with/without Dx/Tx/medications). Severe problem with ADL, parenting, and insight/self-perception	Symptoms of MI. Diagnosed but Tx inconsistent or ineffective. Moderate problem with ADL, parenting, and insight/perception	Symptoms under control. Diagnosed and in Tx. Some problem with ADL, parenting, and insight/self-perception	Situational or short-term MI. Recovered without relapse. Adequate ADL, parenting, and insight/self-perception	No observed mental illness					

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Item	Score	0	1	1.5	2	2.5	3	3.5	4	4.5	5	High
MENTAL HEALTH & SUBSTANCE ABUSE CONT.												
MENTAL HEALTH	28		Self-Esteem	Poor; self-critical. Anticipates criticism from others. Rarely initiates; avoids trying new skills	Copes sometimes but with limited confidence and flat affect. Limited initiative for learning new skills	Irritable/defensive. Makes excuses, blames others. Initiates/starts using new skills but gives up easily	Beginning to actively initiate. Develops skills and recognizes own competence. Emerging confidence visible	Confident in skill and ability to learn. Expresses pride in achievements and successes				
	29		Cognitive Ability	Suspected mild-moderate DD. No Dx or support services. Severe problem with ADL, parenting, and judgment	Diagnosed DD or LD; has education and/or support services. Moderate problem with ADL, parenting, and judgment	Diagnosed or suspected mild DD/LD. Needs some support by others. Some problem with ADL, parenting, and judgment	Suspected or known special education or LD. Support by others not needed. Adequate ADL, parenting, and judgment	Average or above average cognitive ability. Competent ADL				
BASIC ESSENTIALS												
BASIC ESSENTIALS	30		Housing	Homeless, in shelter, or extremely substandard place	Unstable/inadequate, crowded housing with frequent moves	Stable rental. Lives with strangers or friends	Lives with family/extended family (own or FOBs). Shares expenses	Rents/owns apartment or house				
	31		Food/Nutrition	Relies on emergency food banks/charity; runs out of food	Inadequate or unavailable resources. Worried about amount/quality of food	Regularly uses government resources; WIC and/or food stamps	Low family income provides adequate amount/quality of food	Income provides optimal amount and quality of food				
	32		Transportation	None or inadequate resources, or unable to use resources	Uses public transport	Some access to shared car. Rides with others; no license	Has own license/drives. Borrows car	Has own car and drives with license and insurance				
	33		Medical/Health Insurance	None/unable to afford care or coverage	Medicaid for pregnancy or emergency only	Medicaid full-scope benefits with or without Share of Cost	State-subsidized or partial-pay coverage	Private insurance with or without co-pay for self/others				
	34		Income	None or illegal income only	TANF and/or child support; SDI	Employed with low income. Seasonal or 200% FPL	Employed with moderate income; meets expenses most of time	Adequate salary				
	35		Child Care	None used yet or no resources available	Multiple sources. Occasional use. Unsafe or inadequate environment	Uses caring friend/relative with safe/stable environment, but limited developmental support	Uses caring friend/relative with safe/stable environment and good developmental support	High-quality child care center with safe environment and good developmental support				

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Child Scale

Family record ID # _____ Indiv. # _____ Initial ___/___/___ Parent's months of service _____

Web ID # _____ Ongoing # ___/___/___

Child's name _____ Closing ___/___/___
(last name, first name)

Child's DOB ___/___/___ Female Male Age ___/___ (years/months) Medical codes _____

Item	Score	Areas of Life Skill Development	0	Low	1	1.5	2	2.5	3	3.5	4	4.5	5	High	
INFANT/TODDLER DEVELOPMENT (4 MONTHS-3 YEARS)															
CHILD DEVELOPMENT	36	Communication*			Below AA/CA and EI criteria. Referred to EI. Not enrolled or attending		Delays; meets EI criteria. Referred; enrolled. Sometimes attends		Delays; meets EI criteria. Referred; enrolled. Attends regularly		No delays. Average development for AA or CA			Above average development for AA or CA	
	37	Gross Motor*			Below AA/CA and EI criteria. Referred to EI. Not enrolled or attending		Delays; meets EI criteria. Referred; enrolled. Sometimes attends		Delays; meets EI criteria; Referred; enrolled. Attends regularly		No delays. Average development for AA or CA			Above average development for AA or CA	
	38	Fine Motor*			Below AA/CA and EI criteria. Referred to EI. Not enrolled or attending		Delays; meets EI criteria. Referred; enrolled. Sometimes attends		Delays; meets EI criteria. Referred; enrolled. Attends regularly		No delays. Average development for AA or CA			Above average development for AA or CA	
	39	Problem Solving*			Below AA/CA and EI criteria. Referred to EI. Not enrolled or attending		Delays; meets EI criteria. Referred; enrolled. Sometimes attends		Delays; meets EI criteria. Referred; enrolled. Attends regularly		No delays. Average development for AA or CA			Above average development for AA or CA	
	40	Personal-Social*			Below AA/CA and EI criteria. Referred to EI. Not enrolled or attending		Delays; meets EI criteria. Referred; enrolled. Sometimes attends		Delays; meets EI criteria. Referred; enrolled. Attends regularly		No delays. Average development for AA or CA			Above average development for AA or CA	
	41	Social-Emotional**			Shows signs of neurological or environment-linked concerns. No IMH services		Shows signs of neurological or environment-linked concerns. Referred to or court ordered IMH. Limited participation		Shows signs of neurological or environment-linked concerns. Regular participation in IMH with positive results		No signs of neurological or environment-linked concerns requiring referral to IMH				Responsive, social, alert; communicates needs/feelings. Emotionally connected to parent
	42	Regulation			Irritable; hard to console or poor self-regulation. Cues unclear. Non- or overly responsive to environment		Passive/flat affect; little exploration. Does not seek comfort or share delight often		Anxious, withdrawn, clingy. Relies on coregulation. Limited self-regulation, exploration, and play		Quiet or changeable moods; seeks comfort and uses self-regulation, exploration, and play				Happy, content; easily consoled. Well connected to parent. Explores, plays, shares delight
	43	Breast Feeding			Not breast-fed or breast-fed < 2 weeks		Breast-fed/expressed < 1 month		Breast-fed/expressed for 1-3 months		Breast-fed/expressed 3-6 months, with or without supplement				Breast-fed/expressed > 6 months with some supplement

* Rating should be based on a developmental screening or assessment (e.g., ASQ, Denver-II, Bayley, BRIGANCE) or ** on a social-emotional screening (ASQ:SE).
Instructions: Complete on primary parent and infant/toddlers < 3 yrs at intake, every 6 months, and at closure. Circle applicable scale categories and enter numerical score. Send to data clerk and file original in chart.